

OCTOBER | 2024

Catholic Central 9-12 Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30	1 Chicken Drum Stick w/ Cornbread Muffin Diced Peaches Whole Orange Steamed Sweet Corn Cucumber Slices w/ Ranch Choice of Milk	2 <u>Breakfast for Lunch!!!</u> French Toast Sticks w/ Turkey Sausage Links Cinnamon Spiced Apples Banana Hash Brown Potatoes Broccoli Bites w/ Ranch Choice of Milk	3 Beef Hotdog on Whole Grain Bun Flavored Craisins Whole Green Apple Steamed Green Peas Baby Carrot Sticks w/ Ranch Choice of Milk	4 Crispy Chicken on Whole Grain Bun 100% Fruit Juice Slushy Whole Clementine Steamed Green Beans Cherry Tomatoes w Ranch Choice of Milk
7 Fiestada Pizza Mandarin Oranges Whole Red Apple Sweet Potato Waffle Fries Red Pepper Sticks w/ Ranch Choice of Milk	8 Popcorn Chicken w/ Whole Grain Biscuit Diced Peas Whole Orange BBQ Baked Beans Celery Sticks w/wo Butter Cup Choice of Milk	9 Beef Stromboli Applesauce Banana Deli Roaster Potatoes Cauliflower Bites w/ Ranch Choice of Milk	10 BBQ Riblette on Whole Grain Bun Mixed Fruit Whole Green Apple Steamed Mixed Vegetables Baby Carrot Sticks w/ Ranch Choice of Milk	11 Cherry Blossom Chicken w/ Fried Rice & Fortune Cookie 100% Fruit Juice Whole Clementine Steamed Broccoli Side Salad w/ Italian Choice of Milk
14 NO SCHOOL	15 Chicken Tenders w/ Dinner Roll Diced Peaches Whole Orange Corn on the Cobb Cucumber Slices w/ Ranch Choice of Milk	16 Cheeseburger on a Whole Grain Bun Apple Slices Banana Baby Baker Potatoes Broccoli Bites w/ Ranch Choice of Milk	17 Corn Dog Nuggets Flavored Craisins Whole Green Apple Steamed Green Peas Baby Carrot Sticks w/ Ranch Choice of Milk	18 BBQ Chicken on a Whole Grain Bun 100% Fruit Juice Slushy Whole Clementine Steamed Green Beans Cherry Tomatoes w Ranch Choice of Milk
21 Pizza Rippers Mandarin Oranges Whole Red Apple Sweet Potato Tater Tots Red Pepper Sticks w/ Ranch Choice of Milk	22 Chicken Nuggets w/ Whole Grain Soft Pretzel Diced Peas Whole Orange BBQ Baked Beans Celery Sticks w/wo Butter Cup Choice of Milk	23 Pepperoni Calzone w/ Marinara Applesauce Banana Potato Smiles Cauliflower Bites w/ Ranch Choice of Milk	24 Sloppy Joe on a Whole Grain Bun Mixed Fruit Whole Green Apple Mixed Vegetables Baby Carrot Sticks w/ Ranch Choice of Milk	25 NO SCHOOL
28 Chicken Quesadilla Pineapple Chunks Whole Red Apple Refried Beans Salsa Cup Choice of Milk	29 Chicken Drum Stick w/ Cornbread Muffin Diced Peaches Whole Orange Steamed Sweet Corn Cucumber Slices w/ Ranch Choice of Milk	30 <u>Breakfast for Lunch!!!</u> French Toast Sticks w/ Turkey Sausage Links Cinnamon Spiced Apples Banana Hash Brown Potatoes Broccoli Bites w/ Ranch Choice of Milk	31 Beef Hotdog on Whole Grain Bun Flavored Craisins Whole Green Apple Steamed Green Peas Baby Carrot Sticks w/ Ranch Choice of Milk	1

Menu is subject to change without notice due to shortages.

Questions or comments can be directed to the kitchen.

***** This institution is an equal opportunity provider*****