

**SPRINGFIELD CITY SCHOOLS  
CATHOLIC CENTRAL HIGH SCHOOL LUNCH MENU**

**September 2023**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

Wk 3					1 Personal Deep Dish Cheese Pizza Baby Carrots (2) w/ Dip (2) Peaches Milk
Wk 4	4 <b>Labor Day</b>	5 BD Primo Pepperoni Pizza  Romaine Salad w/ Ranch Dressing Peaches Milk	6 Macaroni & Cheese  Green Beans  Wheat Bread Mixed Fruit Milk	7 Hamburger on Bun  Baked Beans  Pineapple Milk Ind. Mustard & Ketchup	8 Irish Nachos w/ Choc. Chip Oatmeal Bar (2) Shredded Lettuce & Tomatoes  Pears Milk
Wk 1	11 Popcom Chicken  Wedge Cut Fries  Wheat Bread Pineapple Milk BBQ Sauce & Ketchup	12 Beef & Cheese Nachos  Shredded Lettuce & Tomatoes  Refried Beans Applesauce Milk Taco Sauce	13 Tangerine Chicken w/ Rice  Green Beans  Orange Milk	14 Meatball Sandwich w/ Graham Crackers Romaine Salad w/ Ranch Dressing Peaches Milk	15 Cluck's Deluxe Sandwich  Baby Carrots (2) w/ Dip (2)  Pears Milk
Wk 2	18 Chicken Patty on Bun Green Beans  Orange Milk Ind. Mayo	19 Soft Taco w/ Rice Shredded Lettuce, Tomato, Cheese Refried Beans Pears Milk Taco Sauce	20 Calzone Romaine Salad w/ Ranch Dressing Applesauce Milk Ketchup	21 Coney Dog w/ Graham Crackers Deli Roasters  Apple Milk Ketchup	22 Carolina Pork BBQ Sandwich Sweet Potato Fries  Peaches Milk
Wk 3	25 Crispy Chicken Bites (5) Green Beans  Wheat Bread Pineapple Milk BBQ Sauce	26 Walking Taco Shredded Lettuce & Tomatoes, Cheese Corn Mixed Fruit Milk Taco Sauce	27 Honey BBQ Rib Sand. Baked Beans  Applesauce Milk	28 Rotini w/ Meat Sauce Romaine Salad w/ Italian Dressing  Pears Wheat Bread Milk	29 Personal Deep Dish Cheese Pizza Baby Carrots (2) w/ Dip (2)  Peaches Milk