

**SPRINGFIELD CITY SCHOOLS
CATHOLIC CENTRAL BREAKFAST MENU**

November 2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Wk 4		1	2	3	4
		Blueberry Muffin Strawberry Oatmeal Bar Orange Juice (2) Milk	Fruit Loops Cereal Apple Oatmeal Bar Apple Juice Strawberry Craisins Milk	Banana Bread Orange Milk	Professional Development Day
Wk 1	7	8	9	10	11
	Trix Cereal Blueberry Nutrigrain Bar Orange Juice Applesauce Cup Milk	Chocolate Chip Muffin Graham Crackers Apple Juice (2) Milk	Cocoa Puffs Cereal Oatmeal Choc. Chip Bar Orange Juice Strawberry Craisins Milk	Wild Berry Bread Apple Milk	Strawberry PopTart Graham Crackers Orange Milk
Wk 2	14	15	16	17	18
	Cinn. Toast Crunch Cereal Apple Cinn. Nutrigrain Bar Apple Juice Applesauce Cup Milk	Blueberry Muffin Strawberry Oatmeal Bar Orange Juice (2) Milk	Fruit Loops Cereal Apple Oatmeal Bar Apple Juice Strawberry Craisins Milk	Banana Bread Orange Milk	Apple Cherry Bar Apple Milk
	21	22	23	24	25
	Thanksgiving Break	Thanksgiving Break	Thanksgiving Break	Thanksgiving Break	Thanksgiving Break
Wk 3	28	29	30		
	Trix Cereal Blueberry Nutrigrain Bar Apple Juice Applesauce Cup Milk	Chocolate Chip Muffin Graham Crackers Apple Juice (2) Milk	Cocoa Puffs Cereal Oatmeal Choc. Chip Bar Orange Juice Strawberry Craisins Milk		

Menu subject to change without notice. "This institution is an equal opportunity provider."